



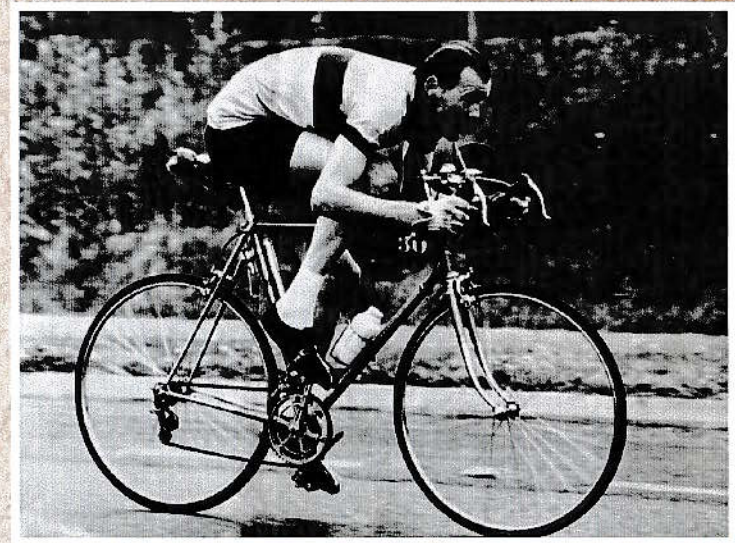
The family would like to thank everyone for their kindness and for attending today's service.

We invite you to refreshments at
The Princess Royal, Guildford Road, Runfold, Farnham,
Surrey GU10 1NX.

Donations in memory of Russell can be made to
Cancer Research UK.
<https://russellmantle.muchloved.com/>

In Loving Memory and Celebrating the Life of
Russell William Mantle

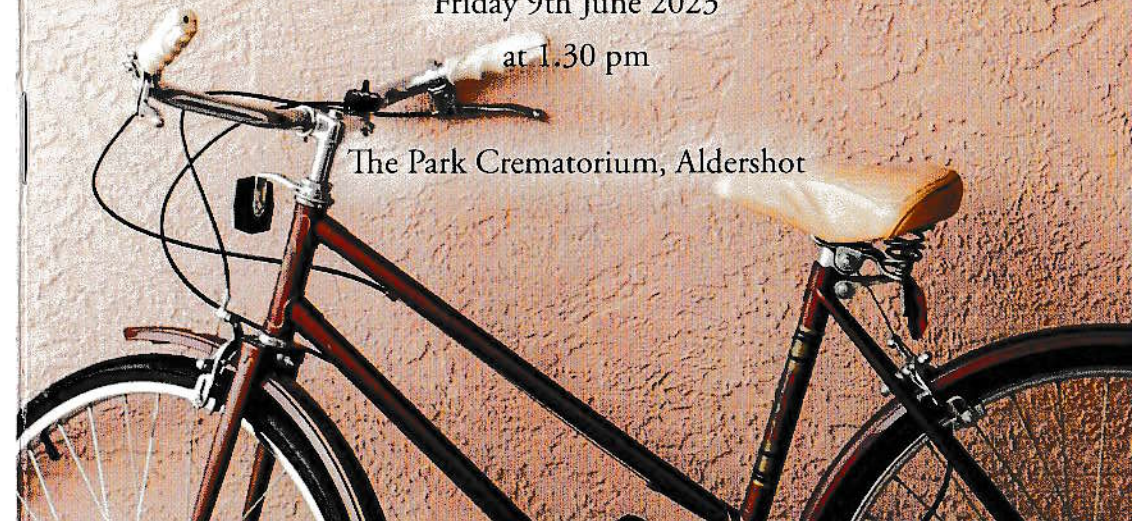
7th December 1936 - 1st May 2023



Friday 9th June 2023

at 1.30 pm

The Park Crematorium, Aldershot



Order of Service

ENTRANCE MUSIC

The Pushbike Song
by The Mixtures

OPENING WORDS AND INTRODUCTION

by Tracey Newman

TRIBUTE

by Hannah Mantle

TRIBUTE

My Brother

Mister Mantle, El Rey De La Montana
by Roger Mantle



*Roger peeking at his big brother, Russell
1958*

POEM

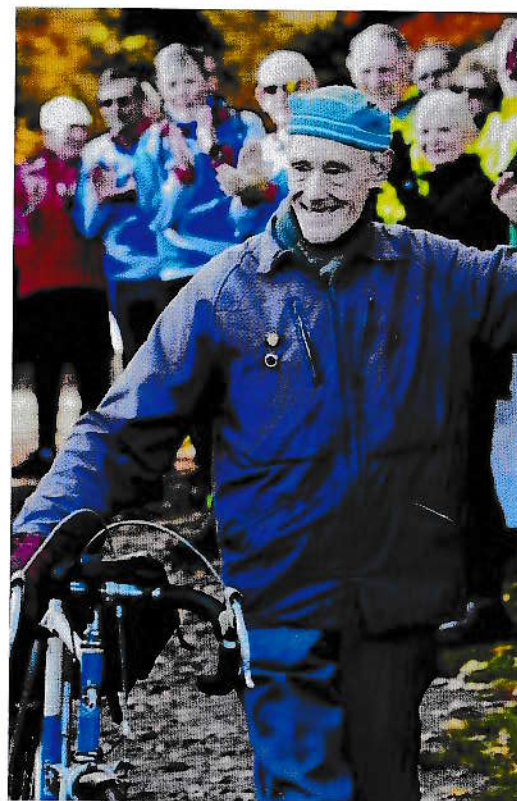
A Ride Through Time
by Carlo Castelvechi
read by Hannah Mantle

I ride through time,
Stretching it out with surreal distortion,
I ride for freedom, I am immortal, freedom from the fear of death,
I push myself to the limit of my mortal frame,
Then transcend that human pain,
Enter into that fourth dimension.
My wheels no longer touch the ground,
They're floating on passionate effort,
A wholehearted single-minded effort,
The rhythm of a perfect circle,
A pulsing rhythm that rises above the world's woes.
Movement brings freedom.

Unfettered yet fitting in perfectly,
Unconventionally conventional,
An independent form of movement.
I know exactly how far I have travelled,
I can feel how far I have moved.
Allow the spirit of your surroundings feed your movement,
The harder I push the more I merge with my surroundings,
My aim is to reach that point of effortless movement,
Turbo boosted blood pumping round my muscles,
My spirit is one with my body,
Brain, muscles and spirit in total harmony,
Producing a pure single-minded effort,
Human body, trees, mountains rivers, spirits and bike.

REFLECTION MUSIC

The Bicycle Song
by David Rovics



FINAL FAREWELL

CLOSING WORDS



*Russell with his certificate acknowledging his million miles cycling
2019*

EXIT MUSIC

Bicycle Race
by Queen